



Let's Talk!

Drop-In Consultations for Law Students

Wednesdays, 2-4 PM (Starting on 8/25/2021)



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What is “Let's Talk?”

Let's Talk is an informal, free, confidential, drop-in consultation service that allows students to speak with a clinician and receive support for any challenge they may be experiencing. *Let's Talk* operates on a first-come, first-serve basis; no appointment is necessary. *Let's Talk* is **not** a substitute for formal counseling but can be used to receive short-term support and resources.

Although *Let's Talk* consultants are mental health professionals, Let's Talk consultations are not mental health treatment. For this reason, we do not keep formal documentation other than general demographic information collected at the end of each visit.

What Can I Expect During My *Let's Talk* Consultation?

Students will meet 1:1 for a 15-20 minute consultation with a staff member from CAPS. The goal for the clinician during a *Let's Talk* consultation is to provide support by exploring the student's concerns, suggest coping strategies, and offer resources if additional services are needed. Students are allowed to visit *Let's Talk* on more than one occasion if there are no safety concerns and if formal counseling is not needed. However, students utilizing the service on a more frequent basis may be referred for mental health treatment or other types of support services.

Is My Consultation Confidential?

Your *Let's Talk* consultation is confidential. However, there are exceptions when the *Let's Talk* consultant/mental health professional is ethically and legally obligated to disclose information in order to prevent imminent danger to oneself or others, or in situations where a child or vulnerable adult is being abused or neglected. Please ask the Let's Talk consultant about this if you have any questions or concerns. You may also contact CAPS with any questions or concerns by calling 404-727-7450.

When and Where Can I Speak with a *Let's Talk* Consultant?

Law Students can access a Let's Talk consultant on **Wednesdays (2-4 PM)** by reserving a time at the following link:

<https://outlook.office365.com/owa/calendar/EmoryCAPSLetsTalkLawSchoolandCandlerSchoolofTheology@mscloud.emory.net/bookings/>