Let’s Talk!
Drop-In Consultations for Law Students
Wednesdays, 2-4 PM (Starting on 8/25/2021)

Romero Huffstead, Ph.D.
Primary Consultant for Law School Let’s Talk

What is “Let’s Talk?”

Let’s Talk is an informal, free, confidential, drop-in consultation service that allows students to speak with a clinician and receive support for any challenge they may be experiencing. Let’s Talk operates on a first-come, first-serve basis; no appointment is necessary. Let’s Talk is not a substitute for formal counseling but can be used to receive short-term support and resources.

Although Let’s Talk consultants are mental health professionals, Let’s Talk consultations are not mental health treatment. For this reason, we do not keep formal documentation other than general demographic information collected at the end of each visit.

What Can I Expect During My Let’s Talk Consultation?

Students will meet 1:1 for a 15-20 minute consultation with a staff member from CAPS. The goal for the clinician during a Let’s Talk consultation is to provide support by exploring the student’s concerns, suggest coping strategies, and offer resources if additional services are needed. Students are allowed to visit Let’s Talk on more than one occasion if there are no safety concerns and if formal counseling is not needed. However, students utilizing the service on a more frequent basis may be referred for mental health treatment or other types of support services.

Is My Consultation Confidential?

Your Let’s Talk consultation is confidential. However, there are exceptions when the Let’s Talk consultant/mental health professional is ethically and legally obligated to disclose information in order to prevent imminent danger to oneself or others, or in situations where a child or vulnerable adult is being abused or neglected. Please ask the Let’s Talk consultant about this if you have any questions or concerns. You may also contact CAPS with any questions or concerns by calling 404-727-7450.

When and Where Can I Speak with a Let’s Talk Consultant?

Law Students can access a Let’s Talk consultant on Wednesdays (2-4 PM) by reserving a time at the following link: https://outlook.office365.com/owa/calendar/EmoryCAPSLetsTalkLawSchoolandCandlerSchoolofTheology@m scloud.emory.net/bookings/